





Didyou 21.8% OF CHILDREN IN OUR AREA SUFFFR FDOM FOOD TO

HELP US SUPPORT THE AREA BACKPACK PROGRAMS!

WHAT IS THE **BACKPACK PROGRAM?**

The Backpack Program provides backpacks filled with non-perishable, child-friendly food to families who are food insecure. The backpack is discretely distributed to students before weekends and school holidays so that children who have their nutritional needs met through other programs do not go hungry when those resources are not available.

BACKPACK PROGRAM ITEMS NEEDED

- JUICE BOXES
- **CEREAL BARS OR POP TARTS**
- OATMEAL PACKETS, BOXES OF SINGLE-SERVE OR FULL BOXES OF **CEREAL**
- SHELF-STABLE MILK BOXES (WHITE OR CHOCOLATE)
- EASILY MADE MEALS: MAC AND CHEESE, RAVIOLI, SPAGHETTIOS, RAMEN NOODLES, RAMEN SOUP CUPS, PASTA PACKETS
- PEANUT BUTTER AND JELLY
- SNACK SIZED ITEMS SUCH AS: FRUIT CUPS, PUDDING CUPS, CHEEZ-IT PACKETS, SINGLE-SERVE COOKIES OR CRACKERS, GRANOLA BARS, STRING CHEESE. DRIED FRUIT/NUTS







WHERE TO DROP IT OFF?

LAKE PLACID

COMMUNITY BANK ROOST (VISITOR'S BUREAU) HANNAFORD PALACE THEATER **TERRY ROBARDS WINE & SPIRITS** THE TOWN HALL

SARANAC LAKE

COMMUNITY BANK THE CHAMBER AT THE TOWN HALL

TUPPER LAKE

COMMUNITY BANK GOFF-NELSON MEMORIAL LIBRARY SHAHEEN'S IGA

CHECK OUT EATADK.COM FOR AN UPDATED LIST OF DROP-OFF LOCATIONS!!!





